

Pray LIKE JESUS

Instructions

Jesus was born into a praying people.

To pray like Jesus is to pray in the rhythms

he would have been taught.

Use the following structure to guide your prayer habits this week.

Don't think of the structure as restrictive.

Think of it as a spring board toward your own spontaneous prayers, intercessions, praises and requests.



Pray all the prayers on your knees.

Jesus prayed on his knees in the garden. Daniel prayed on his knees every time he prayed.

Our posture is important to our prayer life. Don't dismiss this important aspect of prayer.

Our minds often follow our bodies.

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Morning:

Dear God, today help me to love you with all my heart, my soul, my mind, and my strength. Help me to love my neighbor as myself.

Afternoon:

Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as it is in heaven. Give us this day our daily bread. Forgive our debts, as we also have forgiven our debtors. Lead us not into temptation, but deliver us from the evil one.

Evening:

Choose a Psalm to Pray for your season of life.



Pray all prayers on your knees